

The Winter Poppyline 18th /19th February 2017

Welcome to the Winter Poppyline. Please ensure that your card is clipped at each checkpoint. Entrants who arrive before checkpoints are open will be asked to wait; those arriving after closing times will be retired.

Take care crossing and walking on roads especially after dark (when reflective clothing is advised). Long sections of the route are on exposed cliff tops where the weather could be very cold and wet. Wear or carry adequate warm clothing.

Good luck.

Equipment to be carried: MUG (none will be provided), route description, maps (Explorer 251 (Norfolk Coast Central) & 252 (Norfolk Coast East) or Landranger 133), compass, torch, spare batteries, emergency food, first aid kit. There will be no kit check but it is in your best interests to carry the items suggested above as a minimum.

Abbreviations: Ahd – Ahead, BL - bear left, BR - bear right, BW – bridleway, FK – Fork, FL – Fork Left, FP – Footpath, FR - Fork Right, KG - Kissing Gate, L – left, m – metres, PW Paston Way, R – right, Rd - road, SP – signpost, TK – track, TL - turn left, TR - turn right, thru – through, WM – waymark, WMP - Waymark Post, WW - Weavers Way.

(170) - bearing 170° (magnetic), TG 203 024 – OS Grid reference

Start at Aylsham High School, Sir Williams Lane, Aylsham (TG 198 270)

Start at: 08.00 Walkers - 09.00 Non-Walkers

At school gates, TL. Pass Road Narrows sign & in 50 m TR past white barrier to enter car park. BL and BR past play area. Ahd on path past pavilion. Pass second play area. Pass car park on L and barrier. X Rd and Ahd on Rd opposite (Forster Way). Ignore Rds L and R to TL

(Wrench Close). BR and follow path between houses to Rd. TL and X Station Road.

Continue, with station buildings on L, past mini roundabout. **TG 195 264**

Immed TR, crossing Rd, to enter Marriott's Way railway path thru small gate. In 320 m, pass under metal bridge and brick railway bridge. Thru gap by gate, cross Rd and continue past barrier on sandy path. In 260 m over metal-railed bridge (over Rd). In 260 m over metal-railed bridge (over Rd). In 900 m thru grey metal barrier and TR on (muddy!) Rd. **TG 176 265**

Follow Rd around L and R bends. At next L bend Ahd on byway (house on L). In 220 m ignore byway on R & Ahd to Rd (**TG 171269**). TR. In 260 m, FL on TK (map shows as Rd). Ahd across Rd junction. At T-Junct TL by farm buildings. In 450 m, at junction, TL (seat under tree at grass triangle). **TG 174 278**

In 650 m pass farm buildings on L. Rd bends L. Where Rd bends R uphill, Ahd on TK under phone lines. Pass house on L. Just before busy road, at end of fence on L, BL on narrow path and flw to Rd. **TG 164 284**

Cross with care and Ahd up TK opposite. In 30 m, opposite gap in hedge, TL on TK. Keep to main TK bending R, then L thru mature woodland. In 400 m cross TK (Racecourse Tower on R). Pass post with blue arrow and BR and TL with trees on L, then enter wood. Continue on TK, BR, BL to cross TK where TL, go through wooden gate to small car park & cross to Rd. **TG 156 289**

TR. Pass cottage and in 50 m at FPSP TR. Follow path on field edge with wood on R. At corner, Hg on L & FPSP, AHD on enclosed path along edge of wood. After fallen tree, path bears slightly L and becomes enclosed TK. Follow to Rd. **TG 155 298**

At Rd TL, and 25 m before Rd junction TR through field gate (CLOSE AFTER YOU). BL to R of power pole on faint path and board walk to cross 2 footbridges. BL (330) to WMP by tree. Ahd through gateway, hedge on R. Continue through second gateway. Through third gateway and BL around wood to TL through yellow gate. Follow TK through gateway. Ahd to X stile by gate. Ahd to Rd. TL & TR (Mannington 1). In 170 m TL (SP The Rectory) to:

CP1 Itteringham (Bure Valley) Village Hall 6.6 miles (TG 145 309)

Open 9.15, Closes 10.40

Leave CP and TL on track for 900m, ignoring 2 TKs to R. Where TK turns L at bend (gate on R), Ahd on path (WMP). Continue on path with board walks to WMP. TL, leave wood, cross field on path (280) to WMP, L of 2 trees. Ahd hedge on L, cross 2nd Field (248) to WMP. Ahd on field edge, hedge on L, to post, thru gap, TR to track (Strawberry Lane). TR to Rd. **TG 121 311**

At Rd TR & in 90m BL on BW (Watery Lane). Where BW TL, Ahd on grassy track, WM on R, to pass Harold's Copse. Ahd, crossing stream & at end of enclosed section (WM) TR uphill on grassy headland, hedge on R. TR at corner & in 175m TL at field corner. Follow grassy path over 2 stiles to Rd.

Cross to BW opposite (BWSP & "Richmond"), BL with TK to pass house & Ahd. At TK T-junction TL on TK in wood, downhill. At BW WM BR. At Rd X and Ahd on TK. In 380 m, at end of grassy clearing, TR (020) uphill to Rd, by Eco house (Ralph's). **TG 121 352**

TL on Rd & in 750 m, just before farm buildings, TR on TK - later wood on L - & follow to Rd. X to FPSP, TL across field (285). At FPSP down steps (care - steep). TL on TK to Rd. **TG 108 365**

TR. At T-junct BR across Rd to wide green TK, Church Farmhouse on R. At WM X Field (275), thru hedge gap. TR & in 30m at corner (WM on R) TL on headland (hedge on R). At end of field TL. Pass barn. At end of barn TR.

Follow TK towards wood (290). TK descends steeply between trees. At end of wood TL with TK. In 60m, FR on narrow path to R of hedge. TR with path under power lines, cross infant river Glaven. Follow path thru gateway. Continue on path, later uphill, into open ground. Ahead on stony path, thru gap in hedge. Cross field (320) to wooden barrier in corner (by Rd).

TR on FP thru trees & cross stile. Continue on FP meandering between Holly bushes (broadly 340) for 100m to clearing. Ahd to enter trees (Silver Birches) and flw indistinct path between Holly bushes to 2nd clearing. Ahd on L side (no path) to TK. TL & in 30m - 20 m before wooden gates - TR (040) between more Holly bushes. At blue WM BL. Path

descends steeply, pond on L. At next WMP (yellow/red/blue arrows, gate on L) continue uphill. Pass gazebo on L & Ahd on path.

At wooden figures, TL thru KG (or climb between!) & Ahd on TK. At T jnct TR, fllw track to go between 2 wooden posts at end. TL on track, metal fence on R. At cross track, TR to Rd. **TG 086 383**

TL on pavement, ignore side Rds on L & at Old Station Way, BL to descend into subway under A148 (note murals!). Ahd across Rd & TR along Station Rd (hedge then flint wall on R). At end TR & take 1st R before Owl Tea Room into Church St. In 65m TL into:

CP2 Holt Parish Church Hall 16.4 miles (TG 079 387)

Open 11.15, Closes 14.30

Leave CP & TL into churchyard. In front of church TL to enter narrow path Ahd. At end, cross Rd & TR on pavement, cross Kelling Rd and Ahd on Cromer Rd to pass Gresham's Skool. At railway station Ahd on pavement for 650m & TL into Bridge Rd (SP Holt RFC). Take 2nd TK on R (Warren Rd, FPSP), pass rugby pitches, then farm buildings and continue on grassy track. At end, immediately before barrier, TL on path & in 20m TL on TK. **TG 104 411**

Follow to level crossing, cross railway & continue on TK to Rd. BR and take FP opposite (SP Byway). In 10m BR on path and continue to gorse triangle. Ahd & in 5m BL to cross TK (information board in front). Ahd (330) downhill on sunken TK to Rd. **TG 096 429**

Cross Rd (A149, very busy, careful), thru gap & immediately TL on permissive path.

Where main path TR, BL up bank & continue on small path parallel to Rd to gate. Thru gap to R & immediately TR on TK. At junc TR (keeping pond on R) and flw TK almost to shingle bank. At WM, TR, thru barrier & flw path (often indistinct) on shingle - later grass - close to wire fence on R for c.1500m to car park at Weyborne Hope. **TG 110 436**

Cross car park, BL uphill & Ahd for c650m to pass to R of cottages. Thru KG, TL on TK & at end TR. Follow cliff top path for c.1500m to N Trust sign on R (Sheringham Park). Ahd 100m, then BR on TK. At bench, TR on path between hedges. Cross railway & at gate TR. In 110m TL thru barrier to carefully cross A149 into National Trust Sheringham Park. Follow TK as it turns R, L, passes Gazebo path (worth a visit if you have energy!) to junc. TL thru KG & flw TK. At junc Ahd on drive (110), over 2 cattle grids to exit park. Continue down Rd cross junc; Ahd & at next junc BL (SP Sheringham, Cromer) thru village. **TG 144 418.**

At sharp LH bend, cross carefully into Cranfield Rd opposite. In 50m TL on BW (Butts Lane). At end, cross Holway Rd, TL and in 75m BR into:

CP3 Sheringham Community Centre 26.0 miles (TG 154 422)

Opens 13.15, closes 18.30

(Please ensure you have had plenty to eat and drink before leaving; it is 12.5 miles to the next checkpoint.)

Return to Holway Rd, TL & take 1st L (Beech Avenue). At T junc TL into Woodland Rise. In 450m, at sharp LH bend, cross into Common (by metal WM post). Immediately TsharpL, keeping hedge on L for c450m to WMP. BR, ignore L fork & at T junc TR, cross concrete bridge & Ahd. At cross TK, TL, pond on L & fllw path north to Rd. **TG 165 426**

TL & in 75m TR across Rd into Beeston Common Rd. BL to go under railway, BR and uphill to L bend. Ahd (Curtis Lane) to T junc. Ahd thru barrier opposite, BR uphill on path, then steps, to summit of Beeston Bump. Descend steeply east on steps; at bottom BR (140) on path, passing 2 information boards; BL between shrubs to railway. Cross to TK opposite & follow to Rd (A149). **TG 171 427**

Cross Rd, TL & in 5m BR into metalled lane. At end TR onto track, pass Beeston School on L, continue to T junc. TL & in 100m BR thru wooden barrier on TK uphill. At top, thru barrier & Ahd on wide TK (115), pass caravan park on R and emerge at National Trust Roman Camp car park (Norfolk County Top on L, 105m,); continue on TK to Rd. **TG 185 413**

Cross Rd & open area, TL on TK downhill, pass campsite. Ahd at TK junction (90) on enclosed FP, thru 2 KGs to TK. Ahd 5m; TR (140, SP Cromer) & fllw enclosed TK to Rd. Ahd under bridge & fllw TK for c1km to junction. Ahd on tarmac Rd between houses to Rd. **TG 211 419**

TL; at mini roundabout Ahd, (West Street) to junction. Ahd down one-way street (WHBrown on R); At end TR; cross Rd at crossing, TR, TL (High Street). TR with Rd (church on R).

Pass Red Lion Hotel, Ahd on narrow path between railings. At end TL over slipway. Pass thatched hut on L then immediately TL. Continue on cliff top tarmac and gravel path. At open space Ahd to L of seats.

At WM keep L on sandy path. Ignore narrow path on R & 50m past black seat on L fork L uphill, fence on R. 15m after end of fence, BL (note wording on sign!). Continue towards top, later between gorse bushes. Join golf course path, BL (tee on R). In 60 m BL to leave golf course path (SP WALKERS)

(In this section keep on approx 120 following cliff top path to Overstrand, ignoring all paths to R & be aware of steep drop to L (white posts))

At end of golf course Ahd (later fence on R) to enter car park by flagpole. **TG 245 411**
Cross car park. Exit at LH corner, follow Rd Ahd (benches on R) & in 15m take middle path to L of tractor into Cliff Rd. At end TL & follow Rd round to R to T junc. TL & 50m after Coast Rd (by Mill House B&B sign) cross Rd, up enclosed path (SP PW) to TK. Ahd to Rd. **TG 253 394**

TL & in 25m TR & X concrete yd. Ahd on TK passing pond (Shrieking Pit, worth reading the sign). BR at fork (SP PW) & TR before wood (do not go into wood); follow path to Rd.

Ahd & in 125 m, at junction, TL on drive (brick wall on L). Pass large house on L & continue on TK (WMP on R). Ignore TK to R & continue ahead to Rd. Cross to TK opposite (PW) & follow to next Rd. TR & in 800m take 2nd gate on R thru church yard to:

CP4, Southrepps Church Hall 38.5 miles (TG 257 367)

Open 15.10, Closes 00.10

Leave church & Ahd down Rd. At T-Junc by Vernon Arms cross Rd and follow narrow lane Ahd. Pass play area and Ahd down enclosed path. Ahd on L side of field. At end enter enclosed path between hedge and fence. **TG 258 354**

At Rd Ahd into Quiet Lane (Bradfield 1 $\frac{3}{4}$). In 185 m TL (SP PW) & Ahd down enclosed path to Rd. TL. Over cross Rds into Bradfield Rd. In 420 m, 12m after white gates, at FPSP, TR thru gap in hedge. **TG 263 347**

Follow R side of field, hedge on R. At end of hedge Ahd to gap. Through gap & TR to field corner. TL, hedge on R & continue to TK junction. TsharpR (275) on TK between hedges. At Rd TL. In 270 m, just before railway crossing, TL on quiet lane. **TG 257 335**

In 125 m, at bend thru gap & Ahd, hedge and railway on R. Through 2nd hedge gap (fence/railway on R) & Ahd to lane, cottage in front.

TL. At T-junction TR. Pass Pond Fm House & 35m after Antingham Lodge sign at junction, TR (North Walsham). At junction, just before house on R, TL. In 800m, as Rd bends L, by seat on R, Ahd (FPSP) across field (140). **TG 286 317**

Cross farm TK and Ahd (140). At hedge corner (WM) Ahd, Hedge on L, thru gap to Rd. **TG 270 314**

TL In 145 m, just before double gates, TR (FPSP) on enclosed path. At end of hedge on L, Ahd (WM) with trees on L. In corner through gap (WM) and Ahd, hedge on R. At concrete and gravel area, BR, white railings on R to large gate. Through gap at L of gate. Ahd on concrete TK. At tarmac Rd BL with Cemex plant later on R.

At T-junction TR passing East Coast on R. Ahd on Laundry Loke with main Rd on L. Pass Robinsons VW & BL before bollards. **TG 277 305**

Cross Rd at lights & Ahd, main Rd on L. Enter path, later between trees, houses on R. Descend with path between wooden posts and barrier. Cross Rd to cycle path with lamp post opposite. In 65 m, at third lamp post, BR to follow path under railway. Path becomes enclosed between fence and wall. Cross tarmac path & Ahd. At end of path (sign End of cycle Route) cross Skeyton Rd & Ahd on pavement on R of Rd. **TG 275 300** (Do not go into WW car park)

Just before T junction cross road into field (FPSP). Ahd to cross field (260). Thru hedge gap & TR on drive. In 100m TL (WM) into car park. Ahd, close to hedge on R. At end BR, X Rd

to FPSP opposite. Cross 2 fields (245) to WMP. Ahd on grassy path, bank on R. At end TL for 5m to TK. **TG 260 295** TR & in 100m take 2nd path on L.

(This section will be flagged as there are numerous paths. Broadly, you follow a bearing of approx 240 to join the path connecting the two Heath Farms and then TR towards Felmingham) .

In 60m at cross TK TR; in 5m BR. At T junction TL. In 30m BR & later descend & keep BR to join main path. TR (280), passing Heath Farm & at corner TL on grassy TK. In 15m TR & follow path, ditch on L, to Rd at bend. Ahd on RH pavement & 30m after phone box cross Rd into:

CP 5 Felmingham Village Hall 46.3 miles TG 249 293

Opens 16.30, closes 04.20

Leave CP, cross Rd & TR on pavement. At junction TR & take 1st R into Elaine Rd. At end BL across Rd to narrow FP (WM on post) between hedge & fence. Emerge to field; BL (215) & at hedge corner TL (200) to Rd. TR & in 5m TL (FPSP) across field. Thru KG, down steep steps to old Railway. **TG 248 286**

TR thru cutting. In 1 mile cross Rd & Ahd. In 1.3 miles thru KG & just before house TR (white fence on L) on TK. **TG 213 282**. In 100m at WMP TL. Continue along green lane to A140. **TG 207 282**

Emergency phone number: 07919 523 567

Cross with care. Continue on TK opposite. In 250 m at cross Rds TL. Ignore all TKs/FPs to R. At T-junction TL on minor Rd & immediately X main Rd with care to TR on footpath (SP Town Centre). In 330 m X River Bure by two old bridges. Proceed with care: narrow road, no pavement in places. In 450 m TL into Sir Williams Lane. In 150 m TL into:

Finish at Aylsham High School, Sir Williams Lane, Aylsham Total Distance 51miles

Opens 17.00 Saturday, Closes 06.00 Sunday

CONGRATULATIONS from Norfolk & Suffolk Group LDWA

MAKE SURE TO REST PROPERLY BEFORE TRAVELLING HOME.

Those who have enjoyed this event may also like future Norfolk and Suffolk LDWA

Challenge walks:

26th MARCH: DAFFODIL DAWDLE

17TH JUNE: POPPYLINE MARATHON

1stle OCTOBER: FLOWER OF SUFFOLK